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USANA Receives 2009 Editor's Choice Award From NutriSearch

SALT LAKE CITY – January 13, 2009 – [USANA Health Sciences](http://www.usana.com), Inc. (NASDAQ: USNA) was selected as the NutriSearch Editor's Choice recipient in the latest edition of the *NutriSearch Comparative Guide to Nutritional Supplements*. Two flagship USANA products also received the guide's highest 5-Star Gold Medal rating.

The *NutriSearch Comparative Guide to Nutritional Supplements* is designed to help consumers make informed, scientifically based decisions about nutritional supplements. The latest edition features detailed comparisons of more than 1,500 nutritional products. USANA Essentials™ and HealthPak 100™ received a 5-Star Gold Medal rating from NutriSearch, the guide's highest possible product rating.

"It is an honor to be recognized with the NutriSearch Editor's Choice Award," said USANA CEO Dave Wentz. "USANA is committed to improving the quality of people's lives in a variety of ways, from developing high-quality products, to protecting our environment, to giving back to the community. We are pleased to once again receive the comparative guide's top rating for our nutritional products."

NutriSearch considered several factors when selecting USANA as the Editor's Choice award recipient, including:

- Evidence of a leadership role within the scientific community and the supplement industry
- Substantiation of charitable sponsorship both at home and abroad
- Verification of the company as a community role model
- Confirmation of responsible environmental stewardship
- Demonstrable proof of sound business practices

For more information about USANA's products and opportunity, visit www.usana.com.

About USANA

USANA Health Sciences develops and manufactures high-quality nutritionals, personal care, and weight management products that are sold directly to Preferred Customers and Associates throughout the United States, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, South Korea, Singapore, Malaysia, Mexico, the Netherlands and the United Kingdom.